



THE CATHOLIC COMMUNITY OF NORTH HARBOUR

Worshipping Communities of Allambie Heights, Balgowlah, Balgowlah Heights, Brookvale, Clontarf, Manly Vale, North Balgowlah, Seaforth and parts of Beacon Hill and North Manly



**9
NOV
2025**
YEAR C

Under the Pastoral Care of the Augustinians

Catholic Diocese of Broken Bay

Want to receive the bulletin via e-mail? Email comms@nhcatholic.org.au



THE DEDICATION OF THE LATERAN BASILICA

His disciples recalled the words of Scripture,
Zeal for your house will consume me. - Jn 2:17

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD. ©LPI

FIRST READING

Ezekiel 47:1-2. 8-9. 12

The water from the temple brings life.

RESPONSORIAL PSALM

Ps 45:2-3. 5-6. 8-9. R. v.5

*The waters of the river gladden the city of
God.*

SECOND READING

1 Corinthians 3:9-11. 16-17

You are God's temple.

GOSPEL ACCLAMATION

2 Chronicles 7:16

Alleluia, alleluia!

*I have chosen and sanctified this house, says
the Lord, that my name may remain in it for
all time. Alleluia!*

GOSPEL

John 2:13-22

*Jesus drives the money-changers from the
temple.*

MASS & LITURGY TIMES

CHURCH OF ST. CECILIA

Wanganella St and White St, Balgowlah 2093

MASS:

Wednesday, 9am

Sunday, 9am

BAPTISM:

Sunday, 10.30am

1st Sundays of the month (within the 9am Mass)

*Baptism Preparation is required for first baptisms.
Contact Parish Office for more details. Thank you.*

RECONCILIATION:

Saturday, 5.00 to 5.45pm

Church of St. Kieran

YOUTH MASS:

2nd Sundays of the month
during the school term.

WEDDING:

Require six months notice and
include Pre-Marriage Course as
part of the preparation.

CHURCH OF ST. KIERAN

2 King Street, Manly Vale 2093

MASS:

Monday, Tuesday, Thursday, Friday*, Saturday,
8.30am

Saturday (Vigil), 5.30pm

Sunday, 7.30am, 9.30am, 5pm

** Adoration to the Blessed Sacrament after Mass
on Fridays.*

BAPTISM:

Sunday, 11.30am

1st Sundays of the month (within the 9.30am Mass)

*Baptism Preparation is required for first baptisms.
Contact Parish Office for more details. Thank you.*

In the spirit of reconciliation the Catholic Community of North Harbour acknowledges the Traditional Custodians of these lands on which we gather.
We recognise their continuing connection to the lands and waterways and pay our respect to their elders past and present
and extend that respect to all First Nations people in our community.



WELCOME TO NORTH HARBOUR

- YOU ARE INVITED
- JOIN US IN OUR VARIED CELEBRATIONS & ACTIVITIES
- CONSIDER SHARING YOUR GIFTS TO US

GET IN TOUCH



OFFICE@NHCATHOLIC.ORG.AU
2 KING STREET, MANLY VALE 2093 NSW

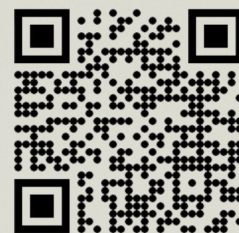


WWW.BBCATHOLIC.ORG.AU/NORTHHARBOUR



(02) 9949 4455

Scan me!



WHY DO WE DO THAT?

Catholic Life Explained

Question:

Can Catholics be cremated?

Answer:

As the practice of cremation becomes more and more common, it's important to know what the Church asks of families who have chosen this for a loved one who has died.

The primary concern is that the cremated remains should be treated with the same respect given to any human remains. The *Order of Christian Funerals* instructs, "This includes the use of a worthy vessel to contain the ashes, the manner in which they are carried, and the care and attention to appropriate placement and transport, and the final disposition. The cremated remains should be buried in a grave or entombed in a mausoleum or columbarium. The practice of scattering cremated remains on the sea, from the air, or on the ground, or keeping cremated remains on the home of a relative or friend of the deceased are not the reverent disposition that the Church requires" (no. 417).

It is becoming more and more common for parishes or diocese-sponsored cemeteries to include columbaria to house cremated remains in a way that respects Church teaching, allowing family and friends the opportunity to honour the remains of the one they have lost with dignity, reverence, and care. ©LPI

BRINGING HOME THE GOSPEL

Jesus' anger is certainly evident in this story of his cleansing the temple, but this wasn't the first time we see Jesus displaying his feelings. At various times in the Gospels we see Jesus sad, happy, frustrated, afraid and, yes, even angry. He cried, laughed, was honest about his fear and his anger. Jesus was comfortable expressing his feelings, and he expressed them in appropriate ways.

Psychologists tell us that feelings are neither good nor bad, they just are. It is what we do with those feelings that really matters. We need tears and laughter to help us heal not only emotionally, but sometimes even physically. Fear helps to get the adrenaline going when we need to protect ourselves and move fast. Expressing our anger justly is also appropriate in the right settings.

A priest once told me that sometimes children should see their parents angry to help them understand the seriousness of a situation. He cautioned, however, to make sure the response was nonviolent and appropriate to the wrong-doing. Never respond unless you are certain you are in control of your feelings. If need be, take a long walk. Anger must never lead to physically or emotionally abusing a child or anyone else.

Some people need to get help in finding healthy outlets for their anger. The experts agree: Suppressing our feelings can be dangerous. Anger will find its own way out, too often in unhealthy ways. We may end up letting it out at the wrong person, or we may unintentionally hurt another or ourselves. Like everything else that is difficult in life, anger is best mastered when we realize we can't handle it alone, and we ask for God's help.

FAMILY RESPONSE:

Read the story of Jesus cleansing the temple, and then ask everyone to talk about what makes him or her angry. Discuss ways of handling anger.

PERSONAL RESPONSE:

Name the trigger points that cause you to get angry with your children or spouse. Since you cannot control another person's behaviour, only your own, what can you do about the situation?



Copyright © 2025 Judith Dunlap. Published by the Pastoral Centre, All rights reserved.



WEEKLY SOCIAL JUSTICE CHALLENGES

PARISH SOCIAL JUSTICE GROUP
"Faith in action - living the Gospel through justice and love"

WHAT WE DO
 We are a group of parishioners committed to putting our Catholic faith into action by promoting justice, peace, and care of creation.

OUR MISSION
 Grounded in the Gospel call to love our neighbour, our Parish Social Justice Group seeks to bring hope and dignity to those in need through practical action and compassionate outreach.

2 KEY AREAS OF SERVICE AND ADVOCACY:

VINNIES
(St Vincent de Paul)
 In the coming weeks St Vincent de Paul will display their Tree. Take an envelope and a box, fill with goodies with friends and family, return box so it can be delivered to provide joy to someone in need this Christmas.

SHARE THE DIGNITY
 Bringing awareness and support to national charity Share the Dignity to support women and girls experiencing homelessness, domestic violence, or financial distress.
 To support the It's in the Bag Christmas Appeal follow the link:
<https://www.sharethedignity.org.au/itsinthebag>
 or leave your donation at the back of the churches

JOIN US
1 December 2025
Monday | 7:00pm
St Kieran's Parish Centre
2 King Street, Manly Vale

LAUDATO SI
 At our next meeting, we will be looking at Laudato Si in action with guest speaker - **PHIL JONES** of **SOCIAL JUSTICE AROUND THE BAY**. All are welcome!

All are welcome! Whether you're passionate about social justice, enjoy community outreach, or want to live your faith more deeply - come and be part of something that makes a difference.

November 11 marks the celebration of Veterans Day in the US. They honour those who have fought to defend their country and its citizens, including those who paid the ultimate price and sacrificed their lives. Many of today's veterans suffer from mental or physical illnesses, stress, and financial difficulties. Our Church has a long tradition of supporting our Armed Forces while always looking for the most peaceful resolution to conflict and the denial of human rights. Your challenge this week is to look for ways to honour a veteran in your community. Is there a homeless shelter where you can serve, seeking out a veteran who is present? Is there a veteran in your neighbourhood whom you can thank—through a card or a personal greeting—for his/her service to our country? Take time to reach out to someone who has served faithfully. Give veterans the human dignity and respect they deserve.

PASTORAL CARE FOR THE HOMEBOUND

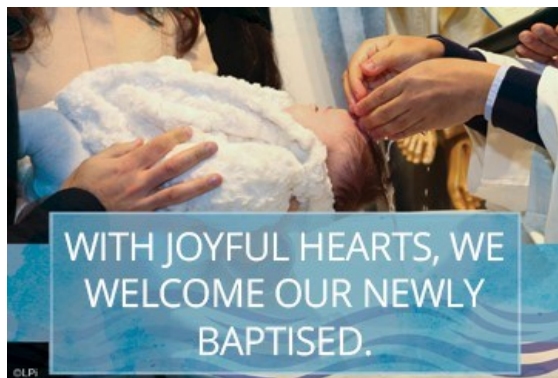
Our clergy and pastoral care ministers bring the sacraments of Eucharist, reconciliation, and anointing of the sick to parishioners who are unable to participate because of illness or aging. For more information and to arrange receiving the sacraments, contact Parish Office.

SICK CALLS AND OTHER URGENT MATTERS

If you need a priest urgently, please call the appropriate number:

BUSINESS HOURS:
 PARISH OFFICE—9949 4455

AFTER HOURS:
(Evenings & Weekends)
 0490 898 464



PRAY FOR THOSE IN OUR COMMUNITY:

SICK:

Nigel Manchee, Remo Dellagiacoma, Odette James, Greg Hyde, Joyce Arnold, Peter and Jan Van de Velde, Cecilia Yeung

RECENTLY DECEASED:

Harrison Foresto, Paul Daly, Gerard Say, Ellen Mary Easy

ANNIVERSARIES:

Rosina McEwen, Zeta (Timmy) Neil, Sydney Robinson, Agnes Ward

Our community would love to pray for you.

If you have an intention you would like to be included in this bulletin please e-mail office@nhcatholic.org.au

Finley C	Kippie	Stevie	Arthur
Evie	Oakie	William	Aubrey
Archie	Billie	Isabel	Elsie
Venice	Ziggy	Finley R	Wills
	Theodore	Jude	Delilah

FOR **EXISTING, NEW** OR **WANTING TO BECOME**

EXTRAORDINARY MINISTER OF HOLY COMMUNION TRAINING

**TUESDAY
11 NOVEMBER
7:00PM**

ST KIERAN'S CHURCH

There are new guidelines from the Diocese, hence coming to this training is **IMPORTANT**

COMMISSIONING of Extraordinary Ministers of Holy Communion will be on the masses of the 33rd Sunday in Ordinary Time, **15 & 16 November**

RSVP to the Parish Office or Geraldine Clarke (EMHC Coordinator)

Those who have registered will receive an email



SUNDAY, 9 NOVEMBER, 2:30PM
at the Parish Centre

Join us for light refreshments in the Parish Centre and the opportunity to discover, perhaps for the first time, the relevance St. Augustine brings to the living out of our individual journeys through life. Come and enjoy the company of other kindred spirits who have found Augustine to be their mentor and friend.



On **30 November**, we begin with the new Liturgical Year – Year A.

As we enter the Season of Advent, we encourage you to reintroduce this wonderful tradition of preparing your own Advent Wreath.

Take home with you a tri-fold brochure available in the church entrances that explains on how to get started with an Advent Wreath.

Our Parish Piety Shop sells Advent Candles
Limited stock only.



REMINDER

Parking along the priory wall in the car park is reserved for priory residents only. Please do not park in these reserved spaces if they are empty.

**THANK YOU FOR
YOUR COOPERATION**

SOLEMNITY OF CHRIST THE KING

23 NOVEMBER | SUNDAY

Re-introducing the Blood of Christ at Mass

The Church requires hosts to be made from wheat, so completely gluten-free hosts aren't allowed. However, **low-gluten hosts** approved by the Church are **available**—just inform the Priest or Senior Server before Mass. You may also choose to receive only from the **chalice**, which is a full participation in the Body and Blood of Christ.



If you prefer not to receive Communion, you are warmly invited to join the procession and cross your arms over your chest to receive a blessing.

EVERYONE IS
Welcome
AT THE
Table
OF THE Lord



CHRISTMAS CARDS
\$10
Pack of 8

ADVENT CANDLES
\$15
Set of 4 available in assorted sizes

SHOP NOW
Parish Piety Shop

Prepare your heart and spirit this Advent season
by joining our
Advent Reflection Group

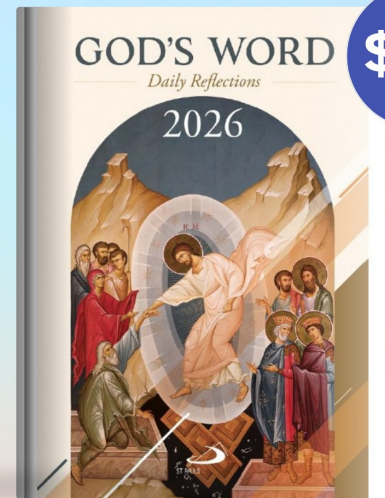
a time of prayer, reflection, and
meaningful conversation
as we journey together toward the
joy of *Christmas*

Take a moment to step away from the busyness
of the season and reflect on the themes of
hope, peace, joy, and love
in preparation for the birth of Christ.
All are welcome - come and be part of this
special experience!

 Four Friday Evenings
leading to Christmas  7:30 PM  Fr Jojo
Fr Tan  St Kieran's
Parish Centre

GOD'S WORD 2026

Available at the Church Foyers



\$22

You can drop your cash payments in the
designated box or thru the Tap & Go
machine for 2nd collection.

**PASTORAL
WORKS** Broken
Bay

November 2025 Appeal

ALL DONATIONS OVER \$2
ARE TAX DEDUCTIBLE

The Pastoral Works Broken Bay appeal
supports two key ministries in our
diocese: the **Confraternity of Christian
Doctrine**, which trains our catechists,
and **hospital chaplaincy and pastoral
care**, which supports those who are
vulnerable, lonely and sick in hospital.
The appeal also contributes to **St Lucy's
School** and **St Edmund's School** for
children with disabilities, and to the
Ephpheta Centre, supporting the deaf
community.

HELP US TO REACH
OUR PARISH QUOTA

\$ 47,360.00



Confraternity
of Christian
Doctrine



Hospital
Chaplaincy
& Pastoral
Care



St Lucy's &
St Edmund's
School



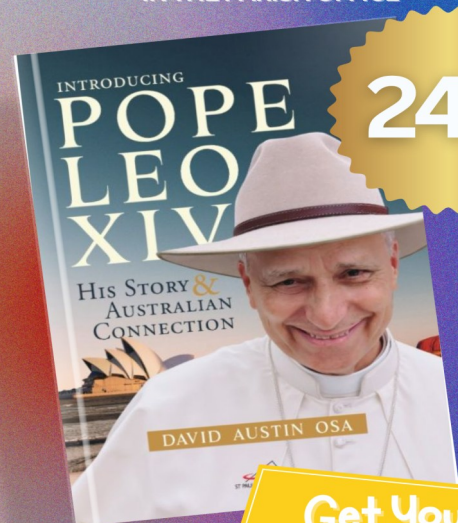
Ephpheta
Centre



SCAN QR CODE TO DONATE

Envelopes are also available at the entrances

AVAILABLE NOW
IN THE PARISH OFFICE



24⁹⁵

**Get Your
Copy Today!**

NOVEMBER Masses Envelopes

Mass offering for the faithful departed

MASS FOR THE HOLY SOULS
Please offer Mass for the Family,
Friends, Relatives and Benefactors of:
Name: _____
Address: _____

Amount \$ _____

"It is a holy and wholesome thought to pray for the dead,
that they may escape the second death."
1st Maccabees 12:46

November Masses



**NOW
AVAILABLE
AT THE
CHURCH
ENTRANCES**

Pray
for those
enquiring to join
the
AUGUSTINIANS

W W I D C T U Q D W I A D Y T
 N N Z W U D Y N U X B G W S A
 Q C X S H E E P B L Z I E B B
 Z Z L Q Z Y O H C O I N S X L
 W N N I J E R U S A L E M P E
 C M M I C Y E A R X J I A C S
 X C T E M P L E C V F A Z D P
 M P G P V F N D L E F W L W W
 Q S P A S S O V E R E N Y D J
 O E D H Z I L T Y X O T G S U
 X Z D I S C I P L E S H T W U
 M A R K E T P L A C E R H K T
 P F G H O U S E H E Z E E A L
 I E L A R S T O P S H E B L H

WORD SEARCH

The temple will be raised in three days.

TRY TO FIND THESE WORDS:

coins
 disciples
 house
 Jerusalem
 marketplace
 Passover
 sheep
 stop
 tables
 temple
 three
 year

© 2003 Creative Ministry Resources Pty Ltd

Sharing the Gospel

Imagine that in your church on Sunday, there were people near the altar selling cows, pigs, and sheep. A man was selling doves on the right. Bankers were giving change on the left. Your pastor got very angry. He turned over their tables. He shouted, "Get these animals out of here. How dare you turn my Father's house into a market!" They cleaned up and left. Your pastor knelt down and prayed, "Father, forgive them."

Prayer

Lord, I will fill your house with prayer, songs, and worship.

Mission

I will respect God's house with my voice, my clothing, and my actions.

©LPi

Promoting a safer *Church*

The care and protection of children, young people and adults involved in Church activities is the responsibility of everyone who participates in the LIFE of the Church.

SAFEGUARDING
 is everyone's responsibility



COLOR

Read the Gospel of the week and color the image.





Look, O Lord, upon the ranks of the virgins and holy young men and women.
Their kind has been brought up in Your Church

Holy Virginity 36,37
- St. Augustine of Hippo

NEXT WEEKEND (16 NOVEMBER 2025): 33RD SUNDAY IN ORDINARY TIME, YEAR C

First Reading

Malachi 3:19-20

*Evildoers will be destroyed;
those who fear God will be
saved.*

Responsorial Psalm

Ps 97:5-9. R. see v.9

*The Lord comes to rule the
earth with justice.*

Second Reading

2 Thessalonians 3:7-12

*Work hard and earn your
keep.*

Gospel Acclamation

Luke 21:28

Alleluia, alleluia!

*Lift up your heads and see;
your redemption is near at
hand. Alleluia!*

Gospel

Luke 21:5-19

*Patiently endure the trials you
are sure to face for Jesus.*

15 NOV, 5.30PM
ST KIERAN'S

Senior Server

Stephen

Readers

Elizabeth
Terry
Rick (R)

Music

Filipino Choir

Communion Min
Volunteer needed

Powerpoint

Volunteer needed

Welcomers

Volunteers needed

16 NOV, 7.30AM
ST KIERAN'S

Senior Server

Michael

Readers

Elsie
Jenny
Seamus (R)

Music

none

Communion Min
Volunteer needed

Powerpoint

Joseph

Welcomers

Volunteers needed

16 NOV, 9AM
ST CECILIA'S

Senior Server

Ian

Readers

Kerry
Sandra
Hilde

Music

The Conmen

Communion Min
Volunteer needed

Powerpoint

Volunteer needed

Welcomers

Volunteers needed

16 NOV, 9.30AM
ST KIERAN'S

Senior Server

Adrian

Readers

Dale
Fatima
Cathie (R)

Music

Caroline Ng

Communion Min
Volunteer needed

Powerpoint

Volunteer needed

Welcomers

Volunteers needed

16 NOV, 5PM
ST KIERAN'S

Senior Server

Edelvine

Readers

Family Mass

Music

TBD

Communion Min
Volunteer needed

Powerpoint

Volunteer needed

Welcomers

Volunteers needed

OBSERVANCES FOR THE WEEK OF 9 NOVEMBER

Mon 10 Nov: St Leo the Great, pope and Doctor of the Church

Tue 11 Nov: St Martin of Tours, bishop

Wed 12 Nov: St Josaphat, bishop and martyr

Thu 13 Nov: Thursday of the 32nd Week in Ordinary Time, Year 1

Fri 14 Nov: Friday of the 32nd Week in Ordinary Time, Year 1

Sat 15 Nov: Saturday of the 32nd Week in Ordinary Time, Year 1

The Catholic Community of North Harbour

Under the Pastoral Care of the Augustinians

Catholic Diocese of Broken Bay www.bbcatholic.org.au



Parish Office

2 King Street, MANLY VALE 2093 NSW AUSTRALIA

P 02 9949 4455 E office@nhcatholic.org.au W www.bbcatholic.org.au/northharbour

Office Hours

9.00am to 4pm (Tuesday to Friday)

Churches

Church of St Cecilia Wanganella St and White St, Balgowlah 2093 NSW

Church of St Kieran 2 King St, Manly Vale 2093 NSW

Parish Staff

Parish Priest: Fr Michael Belonio, OSA E pp@nhcatholic.org.au

Asst Priest: Fr Jumbim Torres, OSA E jtorres@nhcatholic.org.au

Asst Priest: Fr John Zhang E jzhang@nhcatholic.org.au

Administration Officer: Charlene Mendoza E admin@nhcatholic.org.au (Tue-Fri)

Bookkeeper: Valerie Buono E accounts@nhcatholic.org.au (Thu)

Parish Secretary: Jane Filacuridi E office@nhcatholic.org.au (Tue, Wed)

Parish Secretary: Anne Ross E office@nhcatholic.org.au (Thu, Fri)

Catechists, Family & Sacramental Ministries: Ursula Hallaway M 0450 101 767 E families@nhcatholic.org.au

Media & Communications: Caroline Ng E comms@nhcatholic.org.au

Music Ministry: Marianne Kaw-Deveza E music@nhcatholic.org.au

Resident Priests

Fr Minh-Tan Hoang, OSA E minhtanhoang@yahoo.com.au (Chaplain, St. Augustine's College, Brookvale)

Fr Peter Jones, OSA E peter.jones@osa.org.au (Prior Provincial)

Fr Paul Maloney, OSA E paulmal@bigpond.com (Retired)

Fr John McCall, OSA E jmcosa@bigpond.net.au (Retired)

Fr Abel van der Veer, OSA E vabelvanderveer@gmail.com (Retired)

Fr Senan Ward, OSA E senanward@bigpond.com (Chaplain, St. Augustine's College, Brookvale)

Please support the advertisers that support us. Thank you.

If you wish to advertise your business with us, please contact our Media/Comms Coordinator: comms@nhcatholic.org.au

ADVERTISE WITH US

Advertising space
is available on this page.

For more details,
contact Parish Office
office@nhcatholic.org.au
or ring 9949 4455



CALL 02 9913 7131



*Local Australian family
owned and operated
Available 24/7
Personally talk to Ann
Wilson and her team*

Suite 3, 1440 Pittwater Road
North Narrabeen, Sydney
wilsonfamilyfunerals.net.au

HAMER & HAMER
Solicitors

Murray Hamer
Brian Hamer
Michelle Gibson

Let us advise you
through life's most
important moments

9949 4022

murray@hamerlaw.com.au

hamerlaw.com.au

LORIS FILACURIDI

Real Estate Agent

Trusted advice for
all your real estate
needs.

0419 227 435

B.Bus JP

 **sweetnam's**
real estate

ADVERTISE WITH US

Advertising space
is available on this page.

For more details,
contact Parish Office
office@nhcatholic.org.au
or ring 9949 4455

total
PHYSIOTHERAPY
MANLY VALE

PHYSIOTHERAPY
PLUS EVERYTHING
YOUR BODY NEEDS

Services:

- Sports and Musculoskeletal Physio
- Women's, Men's & Pelvic Health
- Equipment Pilates
- Paediatric Physio
- Hand Physio
- Exercise Physiology
- Remedial Massage
- Post-operative Rehabilitation

CONTACT US ON: 9907 0321
BOOK ONLINE: TOTALPHYSIOMV.COM



**St Kieran's Catholic
Primary School**



Acting Principal:
Ms Marisa Bombardieri



**Now
Enrolling!**

63 Gordon St, Manly Vale
02 7256 2131

skmv@dbb.catholic.edu.au
www.skmvdbb.catholic.edu.au

CATHOLIC SCHOOLS BROKEN BAY
Co-educational pathways K - 12

PLEASE CONSIDER ONLINE GIVING

Our parish is grateful for your
continued support.
Thank You!



THE CATHOLIC COMMUNITY OF
NORTH HARBOUR

Give & Support



PARISH GIVING
(Second Collection)

**PASTORAL
WORKS**
Broken Bay

Donations over \$2 to
Pastoral Works Broken Bay
are tax deductible



CATHOLIC
DIOCESE OF
BROKEN BAY

*to
DONATE*
SCAN ME

